

“Top to Toe Day”

Arrive 9.30

Choose from

A full body massage or facial

or

Mini facial and Aromatherapy Back Massage

Plus

use of The Grange facilities:

Sauna, Aromatherapy Spa Bath and Thermal Cabin

and one of the following:

A session on the “Tan Cab”

An eyebrow shape

Hand and arm massage

And

Mid morning coffee with biscuits

Lunch with a glass of wine or soft drink

Afternoon tea with home made cake

£81 per person, weekdays

£86 per person, Saturdays

Please bring swim wear, towel and flip flops.

We provide gowns and extra towels.