

# Half Day Packages

Why not treat yourself to an afternoon of indulgence within The Grange.

Treatment Manicure  
Treatment Pedicure  
and 'Light Lunch' from the specials board  
£69 (weekdays only)

or

Treatment Manicure  
Aromatherapy Back Massage  
and 'Light Lunch' from the specials board  
£69 (weekdays only)

## **Anti-stress Half Day Package**

This includes use of the following facilities:

Finnish sauna, Hydrotherapy Spa Pool, Aromatherapy Thermal Cabin, UV Sun Shower. Additionally, you will benefit from aromatherapy back neck and shoulder massage, morning tea and coffee with homemade cake, lunch from our menu, with a complimentary glass of wine.

£60 (weekdays only)

## **Anti-stress Half Day Package (without Beauty Treatment)**

This includes use of the following facilities:

Finnish Sauna, Hydrotherapy Spa Pool, Aromatherapy Thermal Cabin, UV Sun Shower. You will benefit from morning tea or coffee with home-made cake, lunch from our menu, with a complimentary glass of wine.

£40 (weekdays only)

Please bring swim wear, towel and flip flops.

We provide gowns and extra towels.