

# Massage

**Full body massage** ..... £46

## **Aromatherapy Treatment**

A relaxing massage incorporating the body, face and scalp using finely blended essential oils. It will energise, relax or help specific ailments.

Full body massage ..... £48

Back, neck and shoulder massage ..... £30

## **Indian Head Massage**

A traditional Indian technique of treating the back, neck, shoulders, face and scalp through clothes. Energies will become re-balanced and general feeling of relaxation will be achieved to the whole body.

Indian Head Massage ..... £37

## **Body Silk Treatment**

This comprises a complete body exfoliation, followed by a shower, session in the sauna. Finally you receive a full body massage with essential oils

of your choice ..... £70

## **Hot Stone Therapeutic Massage**

Full body massage ..... £61

Back, neck and shoulder ..... £35

## **Warm Chocolate Wrap**

Full Body Brush followed by warm chocolate wrap to improve circulation and skin condition.....

£64